



Homework year - Unit 5, September 2012

1. Write your reflections on your experience of the unit and the week following it and email them to me (*by 25th September*).
2. a. Write the history of your sexual and emotional life experience - this is for yourself only and you do not send it.
b. write a brief reflection (up to 1 page) on what you learned from doing this and send it (*by 21st October*).
3. Read about the theme of sexuality and write a brief report about your engagement with the topic (about 2 pages) (*by 21st October*).
4. Body awareness skills: do the yin / yang energy cycle for a few minutes
 - a. at least once or twice a week by yourself.
 - b. at least once a week with a friendWrite a brief paragraph on your experience (*by 28th October*).
5. With a friend of the same sex do something “boyish” or “girlish” every few weeks. Write a brief paragraph on your experience and send it (*by 28th October*).